



A day for families to reflect
on the celebration of



BIRTHDAYS

on

Sunday 7th March

10.30 – 3.30



At

The White Eagle Lodge,
Brewells Lane

Rake, Liss Hampshire GU33 7HY



An enjoyable, lively and practical day helping us to connect with the spiritual significance of the anniversary of our birth. We hope to inspire you with new ideas to make birthdays and parties more meaningful and special.

Games/crafts/discussion/meditation

Suitable for all ages of children and adult!

There is no charge for the day but donations to cover costs warmly welcomed

**Please bring a small vegetarian contribution to a shared lunch
Please arrive by 10.00 am if you would like refreshments before starting**

**For further information please contact shiningstars@whiteagle.org
Or telephone Kathryn on 02392 454657**

A White Eagle Lodge Parenting from the Heart Workshop