

## THE WHITE EAGLE LODGE IN IRELAND



### THE SHINING STAR



## ISSUE NO. 6 - MARCH, 2010

Dear Friends,

In the last issue of our newsletter details were given of the Dedication and Inauguration of the Irish Lodge as a Star Centre. This was to take place in September, 2009. Unfortunately, the event had to be postponed because I fell and broke my leg.

Thankfully, I am mobile again and a new date for the Dedication is arranged for 16<sup>th</sup> May, 2010. I am delighted to say that Jenny Dent, the world-wide Mother of the White Eagle Lodge, will lead the Dedication. This is a great opportunity to meet Jenny and we are fortunate indeed that she can come to Ireland for this very special occasion.

Clonmacnoise, near Athlone, Co. Westmeath, is still the chosen location for anchoring the Star.  
*For more details see Page 2.*

Now that we are into Spring and the small shoots are pushing up after the harsh Winter and Mother Earth is renewing herself, we wish you blessings, joy, peace and love in the Seasons ahead.

*Derek Smyth*



## WHITE EAGLE DEDICATION AND INAUGURATION OF THE IRISH LODGE AS A STAR CENTRE 15<sup>TH</sup> AND 16<sup>TH</sup> MAY, 2010

The Dedication will take place at 11am on Sunday 16<sup>th</sup> May, 2010 on the grounds of the ancient site of Clonmacnoise, recognised as the centre of Ireland. The time of 11am was identified as the best time astrologically. A contribution of 25 euro towards the cost of the conference room, lunch and refreshments would be appreciated.

### Saturday 15<sup>th</sup> May, 2010

Saturday evening will be an informal get-together and also an opportunity to meet people who will be attending the Dedication on Sunday. We will meet in the Foyer at about 8.00pm for introductions and chat.

### Sunday 16<sup>th</sup> May, 2010

### AGENDA

10.00am	Meet in Hotel Reception
10.15am	Depart for Clonmacnoise (25 min journey)
45am	Assemble in Carpark at Clonmacnoise and walk to the Dedication Site*
11.00am	Dedication and Centering of the six-pointed Star over Ireland by Jenny Dent



## WHITE EAGLE MEDITATION AND VISUALISATION

### *The Service of Love*

"We know that the one wish and aspiration of your heart is that you may serve humanity. This you cannot fail to do if you send forth love. This does not mean only where you choose, but at every moment of life...Love: love life, love all the blessings that are yours; live to love, love to live, thinking not of self, thinking only of the great Self which is universal brotherhood. Understanding of the mysteries of the spirit will first bring you consciousness of your at-one-ment with every form of life; it will bring love without limitation.

When suffering comes, cleanse and purify your thinking by the love of Christ. In other words, do not dwell on the injury; do not allow self-pity to possess your mind; but go into the Lodge of your own inner being, close the door and raise your aspirations to the blazing Star, to the Great White Light of your life, Christ, the Son of God. He will heal your sorrow; bitterness will fall away; it will be melted, consumed in the fire of the love of Christ. The only reality is God. You are in the heart of God".

From : *The Still Voice - Page 4*

*Visualise the still white flame; hold it very still before you , as you breathe gently and quietly. Let no breath or thought give movement to the flame. Then, see that still flame in the centre of the Star (or Sun)...Know that this little flame is the God in you, your spirit, part of the great Sun. Let the brightness of the flame draw you into the heart of the Sun....*



## WHITE EAGLE COMING EVENTS IN IRELAND, 2010

**BELFAST - Sunday 2<sup>nd</sup> May, 2010**

**At the  
Ramada Hotel,  
117 Mill Town Road,  
Shaw's Bridge,  
Belfast. Tel: (048) 909235007**

**THEME: Stepping Stones on a Spiritual Path**

10.00am to 4.30pm

COST £20 per person to include morning tea/coffee and soup and Sandwich lunch

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**DUBLIN - Sunday 5<sup>th</sup> September, 2010**

Venue to be confirmed - Details in next Newsletter

**THEME:**

**Stepping Stones on a Spiritual Path**

10.00am to 4.30pm

COST £20 per person to include morning tea/coffee and soup and Sandwich lunch

## BEST FRIENDS

Angels have been recognised and described in various forms over the millennia yet still, for many, they remain an enigma. For those who have an awareness of their closeness, they exude a benign, caring, compassionate and gracious presence.

I have a close relationship with angels and have often been asked to describe them. They take many forms from tiny cherubs to vast limitless beings. At all times, I feel that their aim is to support, guide, protect and assist us if we but ask.

I look on my angels as my best friends. What do best friends do? They are there when I need them and I can pour my heart out to them in confidence. They don't judge me when I fail but help me start again. When I am scared, lonely or angry they give encouragement and help me see another way. They assist and protect me when asked.

My angels have never let me down or left me unprotected. All I have to do is ask and they pave the way for my highest good in all situations. They have saved my life, guided my steps. They are truly my best friends. You can make them your best friends too.

*Patricia Mahon, Writer and Healer, Monkstown, Co. Dublin*

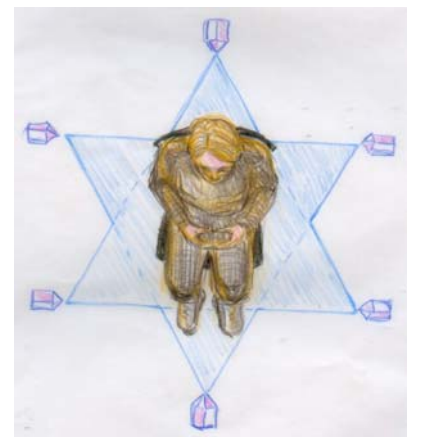


## CRYSTALS AND THE STAR - Creating your own Sacred Space

**We are very grateful to Jackie for sharing her own thoughts from her personal work with crystals. However, it does need to be noted that this is not a public statement of a recommended White Eagle crystal healing practice.**

Crystals are the shining fruits of the Earth, immeasurably old in human terms and, some believe, carrying the wisdom of aeons of Earth memory. They are the highest realisation of mineral form, having a regular internal molecular structure that gives them some unique properties. Quartz crystals can store, amplify, transmit and transform energy as well as focus more precisely and transmit a greater range of the light spectrum than glass. They can help to create and maintain clear electromagnetic energy fields, protecting us from background radiation and enhancing our own energy field for meditation and focus on the Light. Placing quartz crystals in grids that form sacred geometric patterns can enhance these effects and one of the most lovely of these forms is that of our beloved six pointed Star.

The perfect form of the Star carries a marvellous transforming vibration that manifests Light. It literally brings us into the presence of Divine Healing Love. By creating this form with small quartz crystal points or little pieces of rose quartz placed on the floor around your chair, you place yourself in perfect sacred space; outside noise and bustle will not disturb the peace it creates. The supreme personal balancer, this star form will support your healing and spiritual work. The ancient symbol of the six-pointed star is formed from two intersecting equilateral triangles, symbolising the union of polarities and the balancing forces of spirit inspiring matter (the downward pointing triangle) and of matter aspiring to spirit (the upward pointing triangle). It is also the beautifully realised synthesis of the masculine and feminine principles.



*Take six cleansed single terminated quartz points. Place each one on the floor about 50 cm from the body pointing inwards, one behind the chair about 50 cm from the body at centre, one at centre in front of the chair about 50 cm in front the feet, four crystals at the sides of the body - one each side in line with the shoulders and one each side in line with the knees.*

Ten minutes of relaxed breathing sitting within this grid will refresh you in body, mind and spirit.

*Jacquie Burgess has been a brother within The White Eagle Lodge for over 25 years. Website: [www.jacquieburgess.net](http://www.jacquieburgess.net)*



### WHITE EAGLE'S PORTRAIT

Taken from the original, this striking new version, highlights White Eagle's beautiful face and eyes.

© The White Eagle Lodge, 2004

### WHITE EAGLE INSPIRATION

#### Let Nothing Disturb Thee

"In your daily life you can, by an effort of the Will of God within you, instantly attain, under any conditions, tranquillity of mind. Whatever the conditions, you can still the storm, and know tranquillity. You long to become aware of a life which is free, which is holy, happy, healthy and joyous, in which you can render service and see the Land of Light. We give you pointers ...First, tranquillity of spirit. Let nothing disturb you... When you allow



things to disturb you, all the fine threads of colour and light attached to your soul from the Source of your life become tangled and jangled - in very truth you cross the wires. Then you wonder why things are so difficult.

Don't cross the wires. Keep your line of contact clear. Be tranquil and serene. A Master is never perturbed".

The Quiet Mind - Page 4

*To 'still the storm and know tranquillity" White Eagle teaches us to visualise and focus our attention on the beautiful six-pointed star.*

*Remember that if you wish to contact me for healing, meditation, books or just a chat, I am available most days. You can ring me or email me at home.*

*Derek*

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