

Having confidence in our own ability

A selection of passages from the teaching of White Eagle which a parent or guardian may find helpful.

A parent as a server for the world...

We would bring more than love tonight; we would bring wisdom and the power which will fill your being with confidence and realisation of the invisible hosts of the light now ministering to humanity. We would have you remember that however weak and however insignificant you consider yourself, you are a channel, an instrument through which the Christ-light can manifest...You have been brought to this condition and time that you may be used to serve. You would not be in this gathering were it not so. You, my beloved brother or sister, are a server in the world, and must stand firm and loyal for what you *know* is truth.

A community is made up of individuals...

There is coming this perfect partnership, this perfect balance, this true brotherhood of the spirit, from which will grow an understanding of the need of every individual and every nation. But the individual, we say, must grow first. As he expands in spiritual consciousness, so the community will harmonise. Fears will depart. With the coming of spiritual enlightenment there must be a strong stand against the attack, not of the physical enemy but the attack of ignorance. Ignorance holds back progress, ignorance brings fear. There must be a liberation from fear, a centering upon the light of God, the great Sun, the Christ spirit. When all people are shown the way to contact that spiritual light and life, then all fear will depart and they will grow in love and in confidence in each other.

To inspire confidence in your children...

It is the work of all true healers to inspire confidence, never fear or doubt; always help the patient to attune him or herself harmoniously to the divine laws of God...

Instant response to hurt or anger...

We would like to tell you how to protect the aura. Immediately you feel a hurtful or negative condition, or think you may be 'picking something up,' draw in your aura, quickly fold your aura round you like an angel folds its wings. Do this mentally. You will help this process by taking several deep breaths. Draw in the Great White Light. It will also help matters if you fold your hands over the

solar plexus, right over left, maintaining the positive thought and mentally visualise the White Light enfolding your aura like a swathing band. Nothing can then touch you; you have got everything within. It is like a flower closing up as the sun goes down. So it is wise to train oneself in this necessary technique of drawing in the aura and closing oneself and remaining positive mentally. Think, 'No fears...no doubts...nothing will touch me.' Another good thing is to plunge the hands into cold water or hold them down upon bare earth. It will help to close the aura and seal the centres.

The power of love...

As we have said, love is the greatest power on earth, the greatest power in heaven. Because Jesus had the power of love—real love—in his heart he knew that love was the law of the universe, the law of life. That law was supreme. So he could say with tranquillity, 'You have no power to hurt me.' Here is the crux which we have to grasp. If love is dominating, is radiating from the heart there is no thing on earth nor in the planes beyond which can hurt the soul. If a man acts from the heart of love—love towards his brother man—he has nothing to fear no matter what the circumstances. If the man lives by love, all will come right in the end. Love is supreme. You need not worry about anything so long as you confide in the love of God. Do your best, act from the heart of love, which means putting into practice the divine law in your life, and you may have confidence in God that all will be well.

No one else can tell you what to do...

We are faced with a deep spiritual problem, and we have eventually to learn by our intuition, to discriminate between the upper and the lower, or the left and the right hand path. Here we cannot be bound by our brother's advice, because what is right for him, what is *his* pathway, is not necessarily ours. We must decide for ourselves which is the way to journey.

Yes ... discrimination. Everyone knows our duty but ourselves! 'If I were you, I should do so and so!' Have you heard that? 'If I were Mrs. So and So, I should take this course.' *But would you?* If you were placed in exactly the vibrations, the conditions, and with the same qualities of soul development, would you do as you say you would? How *can* we judge for another soul, whose quality of consciousness, whose feelings and reactions are vastly different from our own? We cannot decide for anyone else, and no one else can decide for us. So, when these little arguments crop up, smile and say 'Yes ... I know.' Say nothing to hurt the brother so eager to advise you. Do not say 'Oh no, I know that is not my path, you are quite wrong.' Say 'Yes' And don't forget the smile!

Are we encouraging to be deceptive? No. But men on earth must wear masks. But all men should so develop their X-ray vision that they see through the mask to the real person beneath. When they can do this, they do not judge, they understand and have a feeling of goodwill and fellowship for every brother.

If you do not understand a problem, do not judge, we beg of you, but leave it until you have more data to work on which will enable you to understand. The lesson you are learning is discrimination. Not discrimination as to the judgement of a particular case, but discrimination with yourself, between your own higher self and the worldly self.

Developing intuition no matter what...

You are asking me now if this means that man must lay aside and not be guided by reason? When you have learned to hear the voice of intuition, your reason will not take primary place. Reason will have served its purpose in your life, and its domination will pass away, like all other things, when their purpose has been fulfilled. Out of *reason* will come *intuition*, or the divine intelligence of the God self. But unless you give intuition an opportunity to grow and develop in your soul, you will respond for a long time to the harsh note of reason, and be bound in its chains.

Q. Is it right to develop the intuition even if you make mistakes?

A. Most certainly the intuition has to be developed. Mistakes do not matter. In comparison with the greater and wiser ones we all make mistakes. Certainly it is right to strive to develop the intuition, but make sure that the inner voice comes from the heart of wisdom and not from the self that wants something, the desire self. Intuition comes like a flash, is an inward knowing. The thing is to have courage to act on it, to be prepared for whatever it brings. The intuition can be developed in meditation, not through activity of the mind but through quiet contemplation within the sanctuary of the heart.

Surrender...

Withdraw yourself from whatever human problem is yours at this very moment. Drop it— in other words, surrender it to the divine spirit. Have confidence in the Source of your being, the Great Light. Your problem will then no longer trouble you. You will know within that God will answer. All will be

well. But this is a spiritual state to which the soul has to attain, and when the soul has attained to surrender to God, the power will work.

When we say “surrender” it does not mean entering into a state of apathy. Surrender means a strong certainty in the soul that all is working for good. It requires effort on your part. It requires control of the emotions, a stillness of the mind.

Help...

The Elder Brethren are in our midst. May your inner eyes behold them. Remember they have bodies of pure light vibrating at a very high rate. That is why they are outside the physical sight but they are with you in spirit. They promise you their help as you aspire, and as you have confidence in their help so you will receive it. Never put them from you. They are not remote. They are wholly understanding of you and your needs. They are only too happy to help with your work. Remember, beloved ones, what we have told you of the inner power, of the God within which, if you call upon it and endeavour to stand on one side with your lower mind, will take possession and work through you. Thus you will be building, creating that perfect jewel, the temple of your soul. They wish to give to you all their love, their blessing.

Letting Go of Guilt

When things seem black...

How is it that there are times when there is a sheen of happiness over everything, and there are others when the heavens seem as brass and the soul can make no effort to overcome this condition?

My child, this experience comes to almost every soul. Perhaps it is more common to the soul that has received a certain amount of illumination. When you have been caught up into the heavens, it is all the more bitter to come down and remain on earth. You cannot get back into heaven. Now, the thing to do is to learn to accept that condition patiently. Do you remember Moses who wandered in the wilderness for forty days? It was His period of darkness. You may be like that for forty hours, days, or even forty years. You may have this experience often or infrequently. These periods usually follow a time of great exaltation, when you have felt, ‘Now I know truth. Life will always be different.’ But there will be periods when your soul is going through the lesser night (we are not referring to the great night of darkness). Once you learn to accept that condition tranquilly as being part of your training, part of the divine plan, something arises in you which we will call the ‘lesser light’ to illumine your path. If you kick against the pricks, if you become agitated and

turn away from the spiritual path because of this apparent darkness, then you will not learn the lesson which the condition is intended to bring you. Try to accept it tranquilly. Do not worry. Go on with your work. Take no notice. The lesser light, the light of the moon, companions you; this 'lesser light' is your confidence and faith, even if you cannot see that the light is there for it may be behind a cloud. The aspirant will always have these times when the heavens seem as brass but this inward knowledge, this certainty, which we call the lesser light, the light of the moon, will teach you to be still, to be patient, and not to force the issue.

Hurdles and faith...

You cannot jump your hurdles. You must take them one at a time. As you go over one, another looms ahead. One step at a time, and do not attempt to get all the answers at once, because the answers of the future depend upon your knowledge of the present. So you have to have confidence and faith.

Good arising out of difficulty...

To illustrate for one moment what we mean about evil disguising good, which happens sometimes for every man is an individual, everyone passes through his own individual experiences. Every soul reacts to those experiences in its own particular way. You are not all cast in one mould. That is why no one can judge another soul. It is also impossible for us to judge. We do not judge. Indeed, we dare not judge any living soul. We know certain spiritual laws exist. And we know what disobedience or obedience to these cosmic laws will entail, but we do not, we cannot criticise another man for taking his own path to heaven. What we were going to say is that it is known in the astral world that a soul will sometimes meet its guardian angel in disguise, and, say, shrouded in darkness. The point is this: Every soul must attain complete confidence in God, knowing that whatever or whoever confronted it, God was present; therefore, no harm could touch it. If the soul were firmly rooted in confidence in God, behind that disguise would be revealed a beautiful angel of light.

Hidden blessings...

So also we, deep within our souls, must know that behind every dark happening, behind every difficulty, there is a hidden blessing. Man has to develop that faith, that confidence in God and in divine magic, so that at the right moment, at the acceptable time of the Lord, the magic will be worked, the dark shroud will fall away, and behind will be the radiant angel. Behind will be the glory of God's life, and this is the magic of life, the divine magic.

Achievement in failure...

Have courage, for every effort that you put forth is a spark of light. It does not matter if you think you have failed, because you cannot judge. Failure in your eyes is often achievement from the spiritual standard.

Let us all aspire to lose criticism, and to love. We fail, of course we all must fail at times; all souls, according to their level of development, have their failures. We should not be in this form, manifesting as we are, if we were above failure. Let us remember that though the brother/sister by our side fails, we fail too- and because of this, we know how he or she feels. Let us remember also that through failure, we may mount the hill of vision. Failure is good; many a great and glorious temple is built upon a strong foundation which was built through the lessons learnt by failure.