



*White Eagle  
Events  
2018*

## Dear Members and Friends of White Eagle,

We hope you will enjoy reading our new Events Brochure. You will see that we have a selection of different retreats, from weekend breaks to five-day stays and we look forward to welcoming you in the year ahead.

For those who have not been on a retreat before, we run New Lands not as a hotel, but more as a 'family' retreat house, which is light-filled, warm and welcoming.

We have responded to feedback and therefore, if you would like to guarantee single occupancy of a bedroom, we can arrange this for you on payment of a supplement.

To reserve a place, please complete the form and return with your deposit in the enclosed envelope. If you book before February 1st 2018, you will be eligible for an early-bird discount.

We do hope you will enjoy the peace of staying at New Lands, on this beautiful sacred land in the South Downs National Park.

We look forward to hearing from you.

With warm greeting and love

Jenny Dent, Lodge Mother



## Staying at New Lands Month by Month

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## Retreats at New Lands

A retreat at New Lands offers you the opportunity to withdraw from the outer world with its pressures and claims in order to spend a few days in a space which nourishes you both physically and spiritually, and in beautiful surroundings, including the world of nature: time in White Eagle's home.



It is a time when you can connect to your soul purpose through meditation and communion with the divine spirit within and with the higher worlds. All real learning and growth comes from what we find for ourselves in our own heart centre, and a retreat encourages you to gently unfold in your own way. You also have the opportunity to be part of White Eagle's Wisdom School for the mind in the heart, rather than the outer intellect.

On all retreats there are times for meditation, experiential sessions, discussion, spiritual practice, teaching, questions, fun and free space. At the end of the retreat we hope participants will leave having opened up a wider channel between the earthly personality and the spiritual self, and feeling refreshed and at peace. Retreats also offer time for light-heartedness and companionship with like-minded people. Indeed, friendships are often forged which last for years.

The food at New Lands is plentiful and vegetarian, with some organic produce. We have a welfare-based dairy and egg policy approved by Compassion in World Farming. If you have a medically diagnosed food allergy or intolerance, please let us know and we will endeavour to cater for you.

*For details of costs and information about Early Bird bookings and bursaries please see page 31.*

## Retreats and Weekends Open to All

**'Relax' Retreat: Friday January 19 (arrive pm) to Tuesday 23 (after breakfast)**

After the bustle and excitement of the Christmas season, take time for yourself and relax at New Lands. Feel inspired and renewed for the year ahead. Includes an uplifting New Year service with an afternoon talk and a healing service on Monday.

**Cost: £340**

**'Healing Through Yoga' Weekend: Friday 16 February (arrive pm) to Sunday 18 (after tea) led by Jenny Beeken**

This weekend will comprise gentle postures, relaxation, breathing, mindfulness and meditation for energising and healing. We will give an individual practice for participants according to their needs.

*Please note, a form will be sent to those who book, for information on your health so we know beforehand where to focus and what could be needed. This work is also intuitive and relies on what is felt by the teacher when they look at a person's posture and breathing, and listen to what help an individual would like.* **Cost £170**

**'Finding Etheric Life through Beauty' Weekend Retreat: Friday April 27 (arrive pm) to Sunday 29 (leave after tea) led by Colum Hayward**

An experiential time with meditation and closeness to nature, with the backdrop of New Lands garden. **Cost £170**

**A Time for Meditation Retreat: Friday May 25 (arrive pm) to Tuesday 29 (after breakfast) led by Anna Hayward**



Advice, support and experience of meditation. If you feel a bit lost in how to meditate; if you want to understand more about it, or just want to refresh your practice, then this time at New Lands will be for you.

*Includes our special Christ Festival Service (see page 12).*

**Cost: £340**



**'Solstice Relaxation' Retreat: Friday June 22 (arrive pm) to Tuesday 26 (after breakfast)**

We offer you a relaxing time in the beautiful surroundings of New Lands in the summer. This includes our Earth Healing Day on the Sunday. (For information about this, see page 12).

**Cost: £340**

**'Understanding the Self and Others' 5-Day Retreat: Saturday July 14 (arrive pm) to Thursday 19 (am) led by Anna Hayward**

We will look at the inner and interpersonal challenges which we encounter from the perspective of White Eagle's words: *'All the faults in mankind can be seen from a different angle, which is perhaps why our beloved elder brethren and masters are always compassionate, never judging.'* This raises many questions and we will discuss, meditate and contemplate how we can live in such a way as to see things from this higher perspective within ourselves and in our relationships.

**Cost for full 5-day retreat: £425 (see page 31 for discounts and bursaries)**

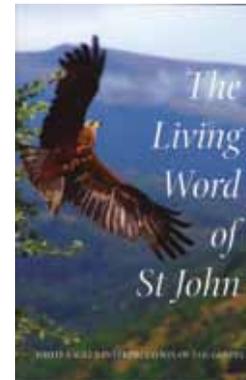
**'Relax' Weekend: Friday July 20 (arrive pm) to Sunday 22 (after tea)**

This is a beautiful time to be at New Lands, to be enfolded by the natural world and to feel inspired by contact with the angels. Relax amongst the trees, fields and gardens, and reconnect with the truth of your spirituality. Includes an uplifting service.

**Cost £170**



## Retreats and Weekends for Members



**'What Went on at Easter?' Retreat: Friday March 30 (arrive pm) to Tuesday April 3 (after breakfast) led by Colum Hayward**

Colum shows how radically different is White Eagle's interpretation of Easter from the orthodox and pays particular respect to St John's gospel.

**Cost: £340**

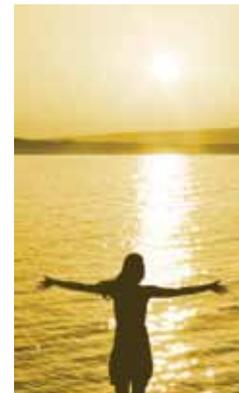
**'Wellbeing' Retreat: Friday May 11 (arrive pm) to Tuesday 15 (after breakfast) led by Jan DeVulder**

Through the White Eagle teaching we are helped to find and sustain our inner wellbeing, with peace of mind and happiness of heart. Through mindful breathing and meditation, as well as sharing, we have the opportunity to transform both the inside and our outside lives.

**Cost: £340**



**'Living in the Light' 5-Day Retreat: Saturday June 16 (arrive pm) to Thursday 21 led by Rozita Hansen**



During this retreat Rozita will explore how we can live daily so that we are not so ruled by what happens, but can become co-creators in our own lives. She will use the White Eagle teaching to show how we can come closer to our 'real' self, and stay in contact with the light longer and more often in everyday life. The retreat will offer times for discussion, meditation and quiet reflection.

**Cost for full 5-day retreat: £425 (see page 31 for discounts and bursaries)**

## 'At Home in Both Worlds' Remembrance 5-Day Retreat:

**Saturday November 10** (arrive pm) **to Thursday 15** including the Remembrance Service. Retreat led by Anna Hayward

We focus on realising the reality of spirit interpenetrating matter and that we live and exist in a dimension which is only part of a greater universe which we mostly cannot see, or experience with the physical senses. We will explore how to live our lives in awareness of this greater reality. This will include how to be aware of and strengthen the etheric bridge which is the pathway.



**Cost for full 5-day retreat: £425** (see page 31 for discounts and bursaries)



## Advent Retreat: Saturday December 1 (arrive pm) to Wednesday 5 (after breakfast) led by Jenny Dent

During these magical days of Advent, Jenny will offer a time of peaceful communion with our angelic brethren, exploring some of White Eagle's teaching on the Christ-mass pilgrimage to Bethlehem, and how it symbolises our own journey towards the Light.

During this retreat there will be the opportunity to join us in the Temple for our special Advent Spiral. (See page 13)

**Cost: £340**

## Star Centre Retreats at New Lands

This year a number of Star Centres are bringing a group from their area to New Lands for some time together. If you are interested in one of these retreats or would like to bring a group yourself, please be in touch with New Lands: [retreats@whiteagle.org](mailto:retreats@whiteagle.org)

## 'Exploring Health and Wellbeing and the Creative Self': Saturday May 5 to Wednesday 8 (after breakfast)

A gentle, informal retreat for those in the **North West Region**, led by Jennifer England and facilitators from New Lands.

## 'A Time for Personal Reflection in the Light of White Eagle's Teaching': Friday June 1 to Tuesday 5 (after lunch)

**South East Regional Centre** retreat—a time to pause and reflect on our inner and outer journey, with the opportunity to explore where we are in our lives, where we might like to be and how White Eagle's teaching can support us on this journey. Led by Michaela Hurcomb and facilitators from New Lands in a relaxed, creative, and nurturing environment.

## 5-Day Retreat: Saturday August 18 (arrive pm) to Thursday 23 (after breakfast)

A retreat for those from the **London Region** led by Susan McIlroy.

## Netherlands 5-Day Retreat: Saturday October 20 (arrive pm) to Thursday 25 (after breakfast) organised by Jozefa Kangur and Karin Slijkhuis.

Members, other interested people and the leaders of the Hengelo group (in the East of the Netherlands) will come to New Lands this year. They hope to make a deep connection with the Mother Lodge, the teaching of White Eagle and also a deeper connection which each other.

## Retreats for Brothers and UK Leaders Conference

## Anniversary Inner Brothers Retreat: Saturday February 24 (arrive pm) to Wednesday 28 (after breakfast) led by Jenny Dent.

Our Lodge Mother will lead this anniversary retreat for inner brothers and accepted inner brother candidates. It will be a time for focusing on the promises made at initiation and what it really means to be a brother of the Star, both the spiritual work and in our own personal lives.

(On Anniversary Sunday afternoon Jenny will give a talk **open to all** on the theme of the work of the Star Brotherhood and the commitment a brother is asked to make.)

**Cost: £340**



**Brotherhood Retreat: Saturday June 9** (arrive pm) **to Wednesday 13** (after breakfast) led by Jenny Dent.

This retreat is open to all initiated inner and star brothers. It begins with our Brotherhood inner rededication on Minesta's birthday, and our Lodge Mother will go on to share her memories of working with Minesta and Brother Faithful and the early days of the work in the New Lands Temple. This important time laid the foundations for our new Temple and the ever increasing spiritual power of the Star as more and more brothers worldwide dedicate themselves to the 'John ray' and the Master of the Star.

(As for the anniversary retreat, Jenny will give a talk on Sunday afternoon which is open to all, about the commitment of a star brother.)

**Cost: £340**

**UK Regional Centre Leaders Conference: Saturday September 22 to Wednesday 26** (after breakfast) **(By invitation only).**

The leaders from our UK Star Centres come together to share experience.

June 10—Temple Anniversary and Brotherhood Retreat (see page 12)

June 24—Earth Healing Service and Day (see page 12)

July 8—Service and Astrology Gathering (see page 15)

July 22—Service and Relax Weekend (see page 6)

September 23—Harvest, UK Leaders Conference and Peace Day (see page 13)

October 14 and 28

November 11 Remembrance and Retreat (see page 8)

November 25

December 23 Carol Service (see page 13)



**Meditations**

On the 3rd Sunday in most months there is a 'Next Steps' meditation at 11.15am. This is designed for those who have some experience of meditating in the White Eagle way, but the meditations are open to all: February 18, March 18, April 29 (note change to usual schedule), May 20, June 17, July 15, October 21, November 18.

On the first Wednesday in each month there is a *Peace Meditation* which takes place in the Temple. All are welcome.

## Regular Services and Meditations at New Lands

Sunday Services take place in the mornings at 11.15am usually on the 2nd and 4th Sundays of most months, followed by a vegetarian 'bring and share' lunch. On several occasions in the year after lunch there will be a variety of talks and activities. The list of dates given below is followed by details of special services and activities in the afternoon:

January 21—New Year Service (please note this change to the usual schedule and there is no service on the fourth Sunday January 28) with afternoon talk by Jenny Dent (see page 11)

February 11—Service and afternoon talk (see page 11)

February 25—Anniversary Service and afternoon talk (see page 12)

March 11 (**NB**—no service on March 25 as it is a week before Easter)

April 1—Easter Service and afternoon talk, and Retreat (see page 7)

April 22

May 13—Wellbeing Retreat (see page 7)

May 27—Christ Festival service and retreat (see page 5)

## Special Days, Services and Talks

**New Year Service January 21 11.15am, with a talk at 1.30pm**

The service will be followed after the 'bring and share' vegetarian lunch, with a talk by Jenny Dent: '**A Call to Become a Channel for the Light**'. All are welcome to hear Jenny talk about what we can do when something in the media touches us deeply.

**Service with afternoon talk on 'The White Eagle Lodge: a History in the Stars'. Sunday February 11 Service 11.15am. Talk at 1.30pm.**



Simon Bentley will look at the history of the Lodge as illustrated by the astrological charts for some of the most important moments in that history and looking forward to consider where the current 'celestial conditions' might lead.

*Despite this being an astrological talk it will be aimed at those with any level of astrological knowledge, including none!*

## Anniversary Service and afternoon talk on The Star

**Brotherhood: February 25 11.15 am service. 1.30pm talk.**

Led by Jenny Dent, this is always a special time of rededication and of coming together as a family of workers for the Light. After the lunch, at 1.30pm, Jenny will give a talk which is **open to all** on the work of the Star Brotherhood and the commitment a brother is asked to make.

## Earth Hour Tibetan Bowl Concert:

**Saturday March 24 8.30-9.30pm**

A magical spring evening—a Tibetan bowl concert with Andrew Lyddon. We join with WWF's Earth Hour, when many millions of people all over the planet turn off all electric lights. The Temple is at its most ethereal.



## Easter Service: Sunday April 1 at 11.15am

After the 'bring and share' lunch at 1.30pm Colum Hayward will give a talk entitled '**St John and the Easter Message**' **open to all**, and as part of the '**What went on at Easter?**' retreat (see page 7).

## Open Meditation: Sunday April 29 at 11.15am

Colum Hayward will lead a time of meditation **open to all**, and as part of the '**Etheric Life through Beauty**' retreat (see page 5).

## Christ Festival Anniversary Service: Sunday May 27 at 11.15am

White Eagle tells us that at this time the whole Earth is bathed in the Christ blessing and is, in a sense, reborn. At New Lands this public service is part of a retreat on **meditation** (see page 5)



## Temple Anniversary Service and afternoon talk on the Star Brotherhood: June 10

**11.15am service. 1.30pm talk.**

Jenny Dent will lead this special service for the Temple. Jenny will give a talk which is **open to all** after lunch on the work of the Star Brotherhood and the commitment a brother is asked to make.

## Worldwide Earth Healing Service and Day: Sunday June 24

The day begins with a special service in the round focusing on the elements at **11.15am**. After the 'bring and share' lunch, we have a sound bath at



**1.30pm** with '*Sounds Inspirational*' in the Temple. Then we go outside for our 'sun ceremony' in the cross-within-the-circle field. Members worldwide are invited to tune in to this day and at New Lands we offer a **Solstice Relaxation** retreat (see page 6).

## Peace Day and Harvest: Sunday September 23, 11.15am to 2.45pm.

Peace Day and Harvest Festival Celebrations with our UK Star Centre Leaders. An inspiring time with contributions from some of our leaders. Rozita Hansen will lead the morning service with Jenny Dent.

At 1.30pm, after the shared lunch, Anna Hayward will give a short talk using White Eagle's words: '*Peace is a constructive force, a creative power, for within the silence of peace there are strains of creative music*'.

## Remembrance: Sunday November 11 at 11.15am

This is time when we particularly feel the interpenetration of the inner world with the physical. This public service forms part of the '**At Home in Both Worlds**' retreat (see page 8).

## Advent Spiral: Saturday December 1, 4.00 for 4.15 pm

Our flames create a spiral of light. The choir sings a continuous programme of Advent and Christmas songs. Enjoy mince pies and non-alcoholic mulled wine, in the Meeting Room afterwards. (Please note, there will be no Family Service the following day.)



## Festival Carol Service: Sunday December 23 at 3.00pm (Note time change)



There is no better way to reconnect with the spirit of Christmas, to celebrate life, love, family, friends, and spiritual connection. Join us for a joyous choral celebration with carols old and new and White Eagle's inspiring message to touch and awaken the heart.

*Mince pies and non-alcoholic mulled wine, in the Meeting Room afterwards.*

## Family Services and Activities

*The family events are open to all, not just those with children.*

### White Eagle Family Days at New Lands: 10.45am to 2.30pm

White Eagle Family Days are held in the Temple on the first Sunday of most months. (Please see below to check which months).

We are pleased to offer the opportunity for families and young people to be able to meet in a family-friendly environment at New Lands. You are welcome to come along for all or any part of the day, which follows this basic plan:

10.45am Time to meet (in the meeting room) plus refreshments, craft table, young children's play corner, outside play facilities and grounds.

11.30am Family service in the temple (*usually includes a story, singing, movement and visualisation, and lasts about 50mins*).

12.30pm Bring and share vegetarian lunch (*in the meeting room*).

1.30 - 2.15pm Sharing and social/play time.

2.15 -2.30pm Clearing and home time.

If you would like further information about White Eagle activities for families and young people, please contact [shiningstars@whiteagle.org](mailto:shiningstars@whiteagle.org) or visit the website [www.whiteagle.org](http://www.whiteagle.org)

### Family Days for 2018:

Sunday February 4 'The Month of Promises'

Sunday March 4 'Streams of Light'

Sunday May 6 'Brothers and Sisters of the Earth'

Sunday June 3 'The Language of Trees'



Sunday July 1  
'The Magic of Colours'

Sunday August 19  
'Stars and Planets' (*please note change to schedule*)

Sunday October 7 'St Francis'

Sunday November 4 'Light and Lanterns'

Saturday December 1 **Advent Spiral** (*Please note that there is no Family Service on the Sunday following the Spiral this year.*)

*Donations are welcome for Family Days. For more details of any activities or to be put on the mailing list for Families and Young People activities, please contact [shiningstars@whiteagle.org](mailto:shiningstars@whiteagle.org)*

### Safeguarding Children and Young People



**The White Eagle Lodge reviews and updates its safeguarding policy annually. Key helpers have all received training in the implementation of the safeguarding policy and undergo DBS checks. (In 2018 the training day will be held on Saturday 3 February for invited helpers.)**

**Parents and carers please note that the safety of your children and young people remains your responsibility. This site has easy access to the road, ponds and is open to the public. Thank you for your care and awareness at all times.**

## The White Eagle School of Astrology

### Annual Gathering—'Interplanetary Relations': Sunday 8 July to Wednesday 11

*(residents arrive on Saturday evening and may stay until Thursday morning)*

This year's astrological get-together is entitled 'Interplanetary Relations' and will involve looking at the various ways in which planets connect, interact and cooperate with each other, and the effects of this in personal, group and national/international life. As always, the gathering is open to all; however, a basic knowledge of astrology will be assumed.

**Costs: Astrology workshop and gathering £180. Full board per day £60. B&B per day £45. Additional meals each £8.**

### Student Astrologers Weekend: Saturday 6 October to Monday 8 October lunchtime (*residents arrive on Friday evening*)

This weekend is open to all astrology students, but directed particularly at those who are nearing the end of the beginners' course (or its equivalent) or in the early lessons of the advanced. We shall aim to address the problems a student typically encounters and to augment the tuition given by the courses at this stage.

**Course fee: £90. Full board: £180. B&B per day £45. Additional meals each £8. Students may stay until after breakfast on the Tuesday morning if they wish.**

*The White Eagle School of Astrology is an important part of White Eagle's unfolding Wisdom School. For fuller details of the School's activities why not visit its website: [www.whiteagleastrology.org](http://www.whiteagleastrology.org)*

## White Eagle School of Astrology Correspondence Courses

The School offers three fully-tutored correspondence courses in spiritually based astrology:

**Beginners**—takes the student to the stage of basic delineation of a natal chart.

**Preparatory**—for those who have some knowledge of the basics of erecting charts, but require help with interpretation.

**Advanced**—an extended course in three separate modules dealing with more advanced delineation and a whole range of advanced astrological techniques.

## Contact Healing

*The basis of the contact healing training in the Lodge rests firmly on the foundation of absent (distant) healing for people. This service has been given since the Lodge was formed in 1936 and both forms of healing have provided support to a large number of people ever since. (Training and information about the absent healing work is given by the absent healing department.)*

*The White Eagle Lodge requires that anyone interested in contact healing training becomes an absent healer for people first, either by becoming a sitter on a group or working as a lone healer for at least a year before applying to become a contact healer. If you are not an absent healer yet but are interested then please contact Melanie Dent at New Lands: [melanie@whiteagle.org](mailto:melanie@whiteagle.org) in the UK, or your local Star Centre in other countries.*

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*The three courses described below form the core of our contact healing training programme in the White Eagle method and, we believe, offer a well-grounded path of personal and professional training under the auspices of the White Eagle Wisdom School. Details of the full training programme, which has received formal accreditation by the national standard-setting body, UK Healers, are available from Jan de Vulder at New Lands: [jan@whiteagle.org](mailto:jan@whiteagle.org)*

*The atmosphere on the courses is friendly and very supportive and the style of the White Eagle training is experiential rather than just theoretical.*

*A network of regional mentors offers ongoing support to healers after the main training course, and includes support for final 'registered' status for those who wish. All courses can be retaken by existing healers free of charge. Please note that course fees are set at a level to support each healer's ongoing training, and this year remain at what is effectively a nominal level. We do not wish any member to be excluded from this training for financial reasons, so please contact Jan, in confidence, if you wish to discuss course costs. We will do all we can to help.*

## Contact Healing Training Course I: Parts 1 and 2: Friday 9

*(arrivals pm) to Thursday March 15 (after breakfast).*

Contact healing can be a beautiful, fulfilling and effective form of service where there is a special inclination to give in this way.

Course 1 is split into two parts comprising five days of training in all.

Training is given in the technique of contact healing developed under White Eagle's guidance and conforms to the relevant parts of the national standards set by UK Healers. Some basic physiology is included. The course is fully experiential and some work is done in small groups to ensure individual support and respect for each person's pace and method of learning. Principles of attunement, the nature of healing and healers' code of healing and the law are also considered on the course. Because healers will eventually be working directly with members of the public, a letter of sponsorship from a White Eagle group leader or an experienced registered White Eagle healer will be requested. Please contact Jan de Vulder at New Lands if you are not sure about who will sponsor you, and for details of the full training programme for contact healing within the White Eagle Lodge.

**Course fee (for five days with follow-up support) £95, including £12.50 for the Training Manual. Full board £55 per day. £8 for each additional meal. B&B £40.**



**Contact Healing Training Course II: Saturday August 11** (arrivals pm) **to Wednesday August 15** (after breakfast).

This course consists of three days and is open to White Eagle contact healers with at least four months' regular experience. It enables the development of wider skills, which in turn help the patient receive the healing. Active participation using prior learning situations is the method of training used on all our courses and mentoring work. We practise with each other to develop helpful listening and communication skills and use case histories to gain greater confidence in the prescription of the healing colours. The course is especially helpful for those taking responsibility for healing patients on their own and those healers wishing to become registered. Other aspects of good practice are also covered, including confidential record keeping. Please write to Jan de Vulder at New Lands for more details.

**Course fee for 3 days' training: £60.** Full board accommodation £55 per day. £8 for each additional meal. B&B £40.

**Contact Healing Training Course III: Friday October 12** (arrivals pm) **to Wednesday October 17** (after breakfast).

This course consists of three days and is open to any White Eagle contact healer who has completed Course I and has at least four to six months' regular experience of offering contact healing. (It is not necessary to have completed Course II). The course provides greater understanding for the healer of the etheric body, the aura and chakras as taught by White Eagle. It is designed to expand the ways in which the healer can work with this awareness both for the patients and for their own deeper insight, which is part of our commitment to CPPD (Continuing Personal and Professional Development). The course will be experiential as far as possible in the use of the breath, meditation, visualisation, dealing with sensitivity and gaining control.

**Course fee for 3 days of training: £60.** Full board accommodation £55 per day. £8 for each additional meal. B&B £40.

**Contact Healing Supervisors Course: Wednesday September 19** (arrivals pm) **to Saturday 22 September. (By invitation only).**

To fulfil our duty of care towards the public by maintaining standards and codes of practice, in 2010 we established a group of dedicated,

experienced healers who are trained to give support and supervision to all our student healers. The training programme aims to increase the multiple skills necessary to help all our contact healers.

### Ongoing Development and Support for Contact Healers

In line with our commitment as a member of UK Healers we ask all contact healers to view their training and development as ongoing. There is a supportive CPPD scheme for registered and non-registered contact healers at whatever stage of experience. Healers are asked to attend a support day either at the Temple, London Lodge or as organised by their own regional centre at least once every two years. This is part of a White Eagle healer's commitment to offer a high standard of service to the public.

## Garden Gang

Volunteering days and weeks can be a time of rewarding experience, finding out how the Lodge's wheels turn, satisfying practical achievement and making friends. It can also be a time of making a real spiritual contact—ask those who have been part of it all! *Accommodation and all meals are provided free in thankfulness for your service.*

The Garden Gang works on both routine jobs and specific projects. We have much work (and much enjoyment) in store for any volunteer who would like to lend a willing hand and heart in helping new projects unfold and also maintaining the beauty of the Temple and New Lands gardens and grounds. Dates this year: **March 23-28, May 18-23 and September 13-18.** Please contact [simon@whiteagle.org](mailto:simon@whiteagle.org)



## New London Lodge

London members of the Lodge are proud to meet in the very centre of London and to welcome you to their home just 100 metres from Trafalgar Square, where it occupies the library in the Westminster Friends' Meeting House off St Martin's Lane two full days a week. Our days are Mondays and Thursdays, although we also have meetings less frequently on Saturdays, in the form of a fortnightly 'Service of Peace' and occasional full-day retreats.

A call before visiting is useful unless you would simply like to attend scheduled events. Our Thursday programme is the fullest (see below) but you are also welcome to call on Mondays from around 1.00 pm through to the contact healing service at 2.15 pm. The Thursday programme includes both an afternoon and an evening (6 pm) healing service. For all events, unless otherwise advertised, use the library bell at 8 Hop Gardens, London WC2N 4EH, which forms the daytime entrance to the building.

Come and enjoy the atmosphere in our new home, and a selection of activities which include a very popular discussion mid-afternoon on Thursdays and a new Full Moon meditation. You can learn to meditate at the London Lodge, too.

Note that we have short periods of recess during and after Christmas, around Easter, and for six weeks in the late summer.

As well as buses, we have Leicester Square, Charing Cross and Embankment tube stations in easy walking distance, plus Charing Cross for mainline trains and even Waterloo. If you're a visitor to London, combine us with a visit to the National Gallery or Covent Garden! We are truly in the heart of London — a bright and vibrant spiritual grail cup.



Please see [www.whiteaglelondon.org](http://www.whiteaglelondon.org) for details of regular events. Email us on [generalinfo@whiteaglelondon.org](mailto:generalinfo@whiteaglelondon.org), phone 07426 961393 or visit

[www.whiteagle.org/london-lodge-activities](http://www.whiteagle.org/london-lodge-activities)

## Special Days in 2018 at the London Lodge

### 'The White Eagle Lodge: a History in the Stars': Saturday 10 February, 1.30 for 2.00 pm to 4.30 pm (Library).

*A retreat afternoon with Simon Bentley.* Simon's talk will look at the history of the Lodge as illustrated by the astrological charts for some of the most important moments in that history – not just the official founding of the Lodge in 1936, but what happened before then, as well as since, and looking forward to consider where the current 'celestial conditions' might lead. Despite this being an astrological talk it will be aimed at those with any level of astrological knowledge, including none!



### 'The Chakras and the Rod of Light': Saturday May 12 10.30 for 11.00 am to 4.30 pm *A retreat day with Anna Hayward.*

White Eagle refers to the inner spine—that connective pathway which links all the chakras—as a 'rod of light'. Through discussion, processes and meditation, we will take a look at this inner channel, the flow of energy along it and through the chakras, and how we are enabled to work with this for strength, centredness and self-healing.

### 'Inner Leadership': Saturday June 23 10.30 for 11.00 am to 4.30 pm *A retreat day with Rozita Hansen.*

White Eagle tells us that through our freewill, given to us by God, we have choices. During this day we will look at which part of us is making the choices in our lives and how we can make the soul/spirit our inner leader.

### 'Looking at Healing': Saturday July 14 10.30 for 11.00 am to 4.30 pm *A retreat day with Jan DeVulder* about both absent and contact healing and how all can join in the White Eagle path of healing.

### 'Sir Arthur Conan Doyle and his part in the White Eagle Story': Saturday October 20, 11.30 for 12 noon, to 4.30 pm

Our special day focuses on the extraordinary teaching the newly-released Sir Arthur brought to our work at its inception, particularly in the context of the higher spheres of life through to the celestial.



## Regional Centre Activities



Jenny leads a retreat day in East Anglia

The network of UK Regional Centres offers you nurturing and inspiring White Eagle events in your own area. Most Regional Centres offer wider activities than are listed here so please ask your local Star Centre (or any Star Centre) for details, or visit our website [www.whiteeagle.org](http://www.whiteeagle.org) for all the events in your region. You are welcome to attend any event in any region.

**Avon Centre:** Contact Bea Hansen [beahnsn@blueyonder.co.uk](mailto:beahnsn@blueyonder.co.uk). Venue for all events: Theosophical Society, 14 Tyndalls Park Road, Clifton, Bristol, BS8 9PY. Timing: 10.30am to 4.30pm. Please bring vegetarian lunch for sharing.

**Sunday September 30 'The Magic of Healing'**. Jeremy Hayward offers a day giving perspectives on our healing work.

**East Anglia Star Centre:** Contact Jean Hamer, email: [weeastangliaregion@gmail.com](mailto:weeastangliaregion@gmail.com). Meets: Jubilee Hall, Millennium Way, Kesgrave, Ipswich IP5 2EN

**Sunday July 8** in Egremont '**Facets of the Diamond**' 10.00 for 10.30am to 3.00pm. Anna Hayward will lead a retreat day focusing on some aspects of meditation.

**Far North Star Centre:** Contact James Speirs, Tel: 07813 304369. Email: [farnorth@cybase.co.uk](mailto:farnorth@cybase.co.uk) for all information about 2018 activities in the region.

**Heart of England Star Centre:** Contact Pam Patchett. Email: [pam.patchett@outlook.com](mailto:pam.patchett@outlook.com). All events in 2017 will be in the Unitarian Chapel, High Street, Warwick.

**Sunday April 8 A Day of Astrological Activity** 10.00 for 10.30am to 4.00 pm. with Simon Bentley. Open to all; suitable for those who know nothing

about astrology as well as those who do!

**Sunday June 24 'Midsummer Merriment'**, 10.00 for 10.30am to 3.15pm. A day of celebration for everyone to enjoy.

**Sunday July 22 Contact Healers' Support Day** 10.00 for 10.30am to 4.00 pm, with Jan De Vulder. A day for all White Eagle contact healers.

**Sunday October 7 'St John and the Aquarian Age'** 10.00 for 10.30am to 4.00 pm, with Colum Hayward. Much is made in our work of our link with St John and how he heralds the Aquarian Age, but who is St John? Colum seeks to give new meaning to the Lodge being a work 'on the Ray of John'.

**Ireland Star Centre:** Contact Derek Smyth, 192 Point Road, Dundalk, Co Louth, Republic of Ireland, Tel: 00 353 42 9336147, Email: [derek-smyth@hotmail.com](mailto:derek-smyth@hotmail.com) and Jacquie Brennan Tel: 00 353 599151057, email: [jacquie@eircom.net](mailto:jacquie@eircom.net).

**Saturday and Sunday April 14/15 Meditation Retreat** with Colum Hayward at Teach Bhride in Tullow. Colum explores how meditation helps us grow from self-consciousness to group consciousness with practical help and advice.

**Saturday November 17 'The Meditation Lifestyle'**. A day for all with Colum Hayward in Northern Ireland, showing how meditation is not just a practice for the morning or the evening but offers a transformation in the life. He shares strategies for happiness and inner unfoldment.

**Isle of Wight:** Contact Julia Hayles 07947 651 523.

**North of England Star Centre:** Contact Alison Beckett, Tel: 01274 710724 Meets: Knott Lane, Rawdon LS19 6QH. Email: [wenorthengland@btinternet.com](mailto:wenorthengland@btinternet.com)

**Sunday July 8 'Inner Leadership'** a retreat day with Rozita Hansen. Through our freewill, given to us by God, we know we have choices. During this day we will look at which part of us is making the choices in our lives and how we can make the soul/spirit our inner leader.

**North West Star Centre:** Contact Jennifer England, Tel: 0161 928 2715. Meets: Quaker Meeting House, Wilmslow, SK9 5HD. Email: [whiteaglenorthwest@live.co.uk](mailto:whiteaglenorthwest@live.co.uk)

**Sunday June 24 Earth Healing Event** at the National Trust car park, Alderley Edge, to send healing to Mother Earth. An afternoon of various activities. Open to all.

**Saturday July 7 'Inner Leadership'** a retreat day with Rozita Hansen. (See text for North of England day p23).

**Saturday December 8 Christmas Service and Social Event** An afternoon with a Christmas service and an opportunity to sing modern and traditional carols as we draw together under the Star. Festive refreshments will be provided. All are welcome.

**South East Star Centre:** Contact Michaela Hurcomb, Tel: 01323 652341. Email: mhurcomb@hotmail.co.uk. Meets in Eastbourne at Polegate Community Centre, 54 Windsor Way, Polegate, East Sussex, BN26 6QF.

**Sunday October 7 'St Francis and his link with White Eagle and our Earth and Animal Healing work'** with Jenny Dent, 11.00am to 4.30pm. The White Eagle teaching is closely aligned to the simplicity and humility of this saint.

**Sunday November 25 Advent Spiral** 3.30-5pm Our journey to the Light.

**South West Star Centre:** Contact Tony Ward-Willis 01823 323433. Email: whiteeaglesouthwest@gmail.com.

**Sunday June 3** West Monkton Village Hall, **'The Meditation Lifestyle'**. (See text for Ireland retreat day p23).

**Thames Valley Star Centre:** Contact Pat Hickmott. Tel: 01235 764598 Email: medilady43@mail.com

**Saturday October 13 A Day of Astrological Activity** with Simon Bentley. Open to all; suitable for those who know nothing about astrology as well as those who do!

**Wessex Star Centre:** Contact Pat Witcombe, Tel: 01202 762313. Meets: The Hurst, 7 Leicester Rd, Poole, BH13 6BZ. Email: whiteeaglewessex@gmail.com

**Saturday April 21 'The Magic of Healing'**. Jeremy Hayward offers a day giving perspectives on our healing work.

**Saturday September 29 'Creative Sound'**. A retreat day with Anna Hayward, exploring the White Eagle teachings on sound and its creative power.

**Scotland Star Centre:** Contact Alice Provan, Tel: 0141 632 1485. Meets: Queens Crescent, Glasgow. Email: aandjprovan@talktalk.net

**Wales Star Centre:** Contact Elyan Stephens, Email: stelyan@phonecoop.coop

## White Eagle Center for the Americas – Saint John's Retreat Center



A very warm welcome awaits all who visit the Lodge in Texas, Saint John's Retreat Center. The Center rests on 70 acres of beautiful forested land about 65 miles north of the center of Houston. The gentle land is home to many species of wildlife and in the springtime especially, it is full of wildflowers. There are five climates in the state of Texas, and our East Texas climate is humid sub-tropical; its milder temperatures are from early October until May.

The Center has room for 20 guests; each of the ten twin-bedded rooms has its own en suite bathroom. The large dining room serves all who come with delicious vegetarian food, prepared to perfection by David.

A chapel with stained glass windows which came from the original place of worship on the land is next to a delightful library full of fascinating books and a cozy fireplace around which to gather in fall and winter.

The porch overlooks a magnificent view of the meadow and forest beyond, close to the small salt water pool with jacuzzi jets which invites a dip and viewpoint of the glorious night skies. Along the grassy paths are places for quiet meditation and set into the land is a large seven-fold spiral

labyrinth with a central fire pit; a gathering place for group meditations or for a quiet meditative walk.

For smaller self catering groups, Meadowview Cottage is available, a mobile home set in a secluded part of the land and which backs onto the Wolf Sanctuary next door. Here you may be serenaded by the song of evening 'howls'. The wolf sanctuary is now independently run, but visits while staying at the Lodge can always be arranged. Grandmother Jean still enjoys a 'wolf fix' as often as she can.

Jane Sorbi, Mother of the Americas Lodge, along with the small but very dedicated staff much look forward to welcoming you to their home 'deep in the heart of Texas!' Visitors are welcome for retreats or private visits.

Full details of all activities including costs are found on the website: <http://whiteaglelodge.org/retreats/> **Please check our website for dates of retreats given later in the year.** You can also contact P.O. Box 930, Montgomery, Texas 77356. U.S.A. Tel: 001 936-597-5757, or Email: [retreats@whiteaglelodge.org](mailto:retreats@whiteaglelodge.org)

**'Blessing of Mother Earth': January 4 - 6.** This workshop involves a coming together on Twelfth Night to bless and give back to Mother Earth. Using the Three Kings biodynamic preparation we join together in a simple ceremony of blessing for Mother Earth.

**'Spiritual Science': February 22 - 24,** with Jane Sorbi. A new White Eagle study series that seeks to uncover the basic truths of life. **Part One:** What on earth am I doing here? How is my spiritual energy connected to the universal? The Lost Continents: from Mu to Atlantis. Purpose of Life: The Light and the Dark.

**'The Healing Power of Love': April 20 – 25** presented by the staff at St Johns. The retreat will encompass all facets of White Eagle Healing. Training will be provided for contact healing for beginners and for those wishing a refresher course. Healing is at the core of our White Eagle work and the retreat will end with a special healers' rededication service.

**'Peace for Body, Mind and Soul': May 3 - 5** presented by Terri Rosenthal, designed to be a journey to the center of peace. Through the use of mindfulness, meditation, visualizations, music, art, journaling and a sacred walk on our labyrinth, the participant will have the opportunity to find that place of deep stillness within. A salt-water pool, hands-on

healing, the use of a bio-mat, and the availability of massage and other complementary practices will be available. The retreat content will focus on ways to release all tension and restore harmony.

**'Spiritual Science': May 24-26** with Jane Sorbi. A new White Eagle study series that seeks to uncover the basic truths of life. **Part Two:** The makeup of man – body, soul and spirit – and how it relates to the soul's evolution. Part two also explores the five great spiritual laws that govern all life. Where does the soul come from? What is the Aura – how does it affect me? Chakras – spinning wheels of light.

**'Spiritual Science': October 25-27** with Simon Bentley. A new White Eagle study series that seeks to uncover the basic truths of life. **Part Three:** The Sevenfold Nature of Light.

## Australasian Centre



Green rolling hills, wallabies grazing in the paddock, a whip bird calls with a whistle followed by a crack, the 'craw, craw' of the black cockatoos as they feed on the pine cones, the sound of cicadas almost deafening at times, a cobalt blue sky, warm sunshine wrapping itself around you like a snuggly blanket are but a few of the physical attractions you will experience when you visit the Temple of Light and the Star Retreat Centre in Maleny.

When people walk into the all-enfolding atmosphere of the Temple many people have commented 'I have come home' – a feeling echoed in all White Eagle's Temples and meeting places. Coming home is also extended to the very comfortable Retreat Centre where one feels nurtured and safe to allow the healing of the soul to take place.

Would you like to indulge in these experiences—there are a number of ways you can. We would encourage you to attend one of our organised retreats (dates and themes follow and are also on our website); you may like to have your own private retreat or use the Retreat Centre as a basis to travel around our beautiful countryside or visit the local beaches with long stretches of white sand and rolling surf (some 40 minutes away) or you may like to come as a day visitor. Whichever way you choose you will be assured of a warm welcome to White Eagle's home in Australasia.

### **'The Creative Self as a Spiritual Path' Arriving Sunday April 15 and departing Friday April 20**

Anna Hayward from the Mother Lodge in England will facilitate this retreat. Anna has a wealth of experience in the teaching of White Eagle plus counselling in the light of White Eagle's teachings. She says: 'White Eagle is clear that being creative is about plugging into and earthing the creative power of life, releasing a potential which can transform. In accessing parts of ourselves which lie beyond the rational mind, we become more sensitive and develop the imagination. The angels draw close. Creativity is not limited, it is not limited to a few and it is not limited in its effects – it is. Neither is it about comparison, but importantly about each one's uniqueness. As you create, you recreate yourself. During this retreat, we explore a variety of creative paths in a relaxed and non-challenging way.'

### **'Our Relationship with All Beings' Arriving Saturday June 30 and departing Friday July 6** Facilitator: Susan Cooper

Susan Cooper from our Melbourne Lodge will be facilitating this retreat. Susan will take us on a journey walking with White Eagle through his teachings which will help us in our journey to realise our at-one-ment with all beings.

### **'Tone, Rhythm and Harmony of Life' Arriving Saturday September 1 and departing Friday September 7** Facilitators: Lyn Edwards and Gay Robinson

During this retreat we will be exploring the 'tone' of our whole being; the rhythm and colour of our being and how we can bring more harmony into every aspect of our life.

Visit [www.whiteeaglelodge.org.au](http://www.whiteeaglelodge.org.au), email: [info@whiteeaglelodge.org.au](mailto:info@whiteeaglelodge.org.au), telephone 001 617 54 94 4 397 or write to The White Eagle Lodge of Australasia, PO Box 225, Maleny, Queensland 4552. Visitors are able to stay at times outside the main retreats and Lyn and Steve Edwards and Gay Robinson are particularly happy to welcome friends of White Eagle's work from other countries as well as all parts of Australasia.

## Wisdom School Written Courses and Meditation Handbook for Members and Brothers

Explore the White Eagle teaching and use it both in daily life and spiritual practice.

### **'Earth Healing and the Seven Rays'**

**A Wisdom School** course for Brothers compiled by the Lodge Mother, Jenny Dent.

Selected extracts of Sister Ruby Jewel's writings on the Seven Rays and platonic solids, White Eagle's teachings and new material. There are suggestions for meditations and contemplation points throughout the course, and the course includes email correspondence with Jenny Dent.

**Cost: £40 including p&p.** (We have kept this as low as possible, but if you have any difficulty please be in touch with Jenny).

### **'Building a Bridge to the Heaven World'**

**A Wisdom School** course for all prepared by the Lodge Mother, Jenny Dent. Help to use our 'body of light' in freedom and joy, and deepen our inner understanding about the death of the physical body. Feel the reality of the continued love and companionship of those who have 'died' and establish a closer working relationship with your guide. *There are eight sections or processes in the course:*

1. Opening your heart to the inner light – to God in you
2. Knowing your guide
3. Working with your Guardian Angel
4. Developing your imagination
5. Dying
6. Crossing your bridge
7. Reincarnation and the wheel of rebirth
8. In the Heavenly Wisdom Temple

**The course also includes two CDs:** Meditations in the eight processes, led by Jenny, and the Tree of Light routine, linked to the four elements, also led by Jenny.

In addition the course offers students the possibility of ongoing email support

via a specially designated email address.

**COST: £60 + £5 p&p. (includes two CDs)**

## A White Eagle Meditation Handbook

This meditation handbook, with three CDs of led meditations, is designed to help those members who are new to meditation or who cannot attend a group, to develop their meditation practice according to White Eagle's directions.

### The handbook contains:

- **Full instructions**
- **Nine sections** entitled 'Starting Points'
- **A very comprehensive selection of White Eagle's teaching** on meditation which is not only for instruction, but for inspiration and contemplation.
- **Three CDs providing nine led meditations** where the voice is used as a gentle guide and anchor for the meditator's own experience.

*The course comes in a spiral-bound A4 format with line drawings and single colour illustrations. Cost: £30.00 + £2.50 p&p.*

## Wisdom School 'Inner Explorer' Courses

**Inner Explorers Courses** for members are written courses for inspirational study in your own time and at your own pace. The emphasis of each course is on building confidence in your own spiritual life and experience.

Each course is divided into sections which include one or more guided processes.

Each member following an Inner Explorers course is allocated a course supervisor. When you have experienced the course to your satisfaction you are invited to write to your course supervisor, to share your experiences and to give feedback if you wish. *If requested, a certificate of completion can be sent to you.*

### 1. Insight into the Six Principles of the White Eagle Lodge (SC01)

*Particularly suitable if you are exploring White Eagle's teaching for the first time. Cost: £30.00 (includes p&p)*

### 2. Recognising & Working with the Intuition (SC02)

*A course which includes several beautiful personal processes for you to follow, including guided meditations. Cost: £40.00 (includes p&p)*

### 3. In Harmony with the Angelic Life (SC03)

*Focusing on White Eagle's teaching about Angels. Cost £40.00 (includes p&p)*

## Costs for Retreats and Weekends

The cost of a 5 day retreat is £425 including full board.

Costs for other events are found on the relevant pages.

Full board accommodation is £85 per day. £8 for each additional meal. B&B only £45.

**Single Occupancy:** If you would prefer a room to yourself we can give a guaranteed single occupancy for a surcharge of £100 for a 5 day retreat or £20 per day for any shorter stay.

*The guaranteed single occupancy does not apply to the Astrology Gathering or Astrology Weekend.*

**'Early Bird' Discount:** To obtain an 'Early Bird' discount of £50 from a five day retreat please send in your booking form and deposit by 1st February 2018. For shorter retreats or weekends, the discount is £10 per day.

## Donations and Bursaries

*It is as a result of the generosity of those who can afford it that we are able to offer bursaries to enable people to attend retreats and courses in many areas of the world.*

*If you would like to come on a Retreat but could only do so with the assistance of a retreat bursary, please write in confidence to Jenny Dent. We are also especially grateful to members and friends who are generously willing to donate to the Retreat Fund. Please send your gift to Jenny Dent marked 'Retreat Bursary'.*

*Ylana Hayward, the Lodge's spiritual grandmother, walked forward into the world of light in September 2011. We have set up a special Ylana Fund in her memory to which many kind friends have contributed. The purpose of the Ylana Fund is to offer bursaries each year, with a particular aim of helping those giving service in White Eagle's work outside the UK, or in regional centres in the UK, to enjoy the benefits of Wisdom School workshops, courses and retreats at New Lands.*

**All Courses and the Meditation Handbook are available from**  
New Lands, Brewells Lane, Liss, Hants. GU33 7HY T: 01730 893300  
or from the Members' Area of the website: [www.whiteagle.org](http://www.whiteagle.org)



**The White Eagle Lodge**  
**New Lands**  
**Brewells Lane**  
**Liss**  
**Hampshire**  
**GU33 7HY**  
**Tel: 01730 893300**  
**National: +44 1730 893300**

***More information, events, courses, retreats,  
publications and activities on our website:***

**[www.whiteagle.org](http://www.whiteagle.org)**

***Including a special area for members***

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***New Lands is open to course leaders or facilitators looking for a unique venue close to London.***

Newly refurbished, the house accommodates up to 18 guests. It is in an ideal location that exudes a sense of peace and tranquillity; set in 25 acres of beautiful Hampshire countryside, with good transport links.

New Lands Retreat House is available to hire for retreats, courses and training. We offer fully catered, vegetarian food.

For more information and to arrange a visit,  
email: [enquiries@whiteagle.org](mailto:enquiries@whiteagle.org) or call 01730 893300.