

18.03.20

## WHITE EAGLE LODGE SOUTH EAST

My dear friends,

I do hope that my email of last Friday reached you all.

I am sorry that some were disappointed that we did not meet as usual last Sunday. The decision was carefully considered and in the light of the latest government guidance it seems it was the right decision, though not an easy one. It is a challenging time for us all and for our White Eagle south-east family who are used to our loving, kind and supportive interaction. I do hope that will continue over the coming months albeit by phone or email.

We have been advised by our national centre at New Lands that they have suspended all activities including retreats, until further notice and the London Lodge have followed suit. A letter from Jeremy Hayward, attached, details these arrangements in a beautiful way. Last night the government and their medical experts advised everyone to minimise social contact, and for over 70s and those with underlying health conditions to keep fairly isolated, amongst other advice, and in my view have given very clear and rational reasons for doing so.

One or two people have felt that the Lodge should not perhaps be closing down activities as it seems that by doing that there is a response to fear. I can understand that thought. However, there is an earthly reality and I do believe that we need to respond to that in a carefully considered way.

The inner work, possibly the more important work, will of course continue and within that I believe it is essential and important to trust and put no place in fear, rather to remain resolutely positive that all is and will work out according to a greater plan.. As one of the regional leaders has written in response to New Lands "Our primary training is to work in co-operation with the Christ Light in spirit; we are well equipped to continue serving through this kind of pandemic crisis."

### GOING FORWARD IN THE SOUTH-EAST

#### **Services and Discussion group**

We have decided to suspend our monthly services both in Eastbourne and Worthing until further notice. Regrettably we have also decided that it is wisest to stop our discussion group for the time being. I will do my best to send out an inner teaching with some thoughts for consideration on the second Wednesday of the month. We had decided as a group to study some of the inner teachings next, starting with White Eagle talks on the Ancient Wisdom. **Please let me know if you would rather not receive this as I may create a separate email group if necessary, for those who wish to receive this, thank you.**

**Astrology and Meditation classes starting** this month are postponed and will reschedule at a later date.

### **Absent Healing groups**

I will be writing to our absent healing group members separately re arrangements going forward.

### **Healing**

If you are in need of healing, please do contact New Lands and ask either to be placed on the daily 12 o'clock list where patients are held in the light each day for 3 days and/or ask to be placed on an absent healing list. I will be holding all our south-east family in the light regularly: if you have a very specific need for particular healing, please let me know and I will add you to the list with a special concentration.

### **Our Spring newsletter which hopefully will bring us all some cheer!**

Please do send any contributions for the newsletter which will be published soon, on the theme of Spring, and anything else you might want to contribute. Poems, recipes, stories, pictures, personal thoughts all welcome and I am sure some jokes might be welcome if you have any!  
Thank you

Email Pema on [pemasanders@hotmail.com](mailto:pemasanders@hotmail.com) or Patrick on [pjeffery05@gmail.com](mailto:pjeffery05@gmail.com) or me.

### **Monday thought: an excerpt from White Eagle's teaching**

This is sent out from New Lands freely to all on email- do email them if you would like to receive this. EMAIL [enquiries@whiteeagle.org](mailto:enquiries@whiteeagle.org)

### **World and National healing**

Brothers of the lodge will continue at home with the weekly service for world and national healing that they are asked to do.

**All of us can make our own difference** by daily tuning into the Star and sending out the light of healing as in this daily healing prayer below.\* We are all one at the inner level and can make a real difference as White Eagle has said so many times. I quote from our annual newsletter as I feel it is still so apt.

"Watch every step of your daily life. It is expected of you. Take no side in argument. Do not say, "this country is right, that one is wrong." Press on with your own work, being light, being love, being gentleness," because as White Eagle tells us in the book Earth Healer, (p31) "the power of love will automatically right that which is in disorder" and continues, "if there were enough people in the world who could unite in groups and work together to project the light into the world there would be no need for protestation- the light would enter and permeate the hearts of all and in place of evil or darkness there would come goodness and light. This is the true way to combat evil." It makes no difference if these groups are physical or spiritual.

Let us commit ourselves to this vision especially now. In giving ourselves simply yet completely to the service of God, of the Lord Christ and His angelic ministers, White Eagle tells us that we will draw to the earth, to ourselves individually and to the whole planet, the blessing of God's love and harmony, tranquillity and peace. And as ever it is the Christ Star which will guide us and keep us aligned with this Light and Love of God and bring healing for individuals, nations and for our Mother Earth, in slowly raising our consciousness and understanding and that of all.

So mote it be!

**\* DAILY HEALING PRAYER**

We hold all humanity in the golden light of the Christ Star and see the power of the Son of God working in the hearts of all people.

We behold the blazing star with the form of the Lord Christ in its centre, radiating His healing power and spirit of Love over all the earth.

We hold all who are need of help or healing within this golden healing light.  
Amen.

With love and every blessing to you, Michaela xx

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