

THE SPRING FESTIVALS OF WESAK AND WHITSUN



Dear Friends

At the full moon on 7 May 2020, our Buddhist friends celebrate Wesak, the festival of the enlightenment of Buddha. This is followed on 31 May by the Christian festival of Whitsun (or Pentecost), when the disciples of Jesus were filled with the Holy Spirit.

White Eagle tells us that the time of Wesak is a preparation for Whitsun. Buddha teaches us how to quieten our earthly minds, to be still and achieve a state of peace where we can receive the outpouring of love and light from the Christ.

On our journey of spiritual evolution we learn, by developing a practice of mindfulness, meditation and love, to rise in consciousness to a greater awareness of God in ourselves and in all people. As the Holy Spirit fills us with divine Light and love, may we follow our desire to serve others, to heal and to comfort, and live in brotherhood with all life.

White Eagle says:

“A great ceremony on the higher ether, the higher plane, took place, known by the name of the Wesak festival. We would try to convey something of the glory, the beauty of that ceremony, since souls from all over the earth, both incarnate and discarnate, were drawn to this glad festival of reunion and communion in the Great White Brotherhood.

For there in the dawn beneath the great silver moon - indicating the preparation of the soul and the intellect of humankind- there appeared on the horizon a tableau or representation of the Lord Buddha, who might be described as the Golden One, the great teacher who came to this earth to teach humanity wisdom and love, to teach the significance of silence, patience and stillness of life.

For there, enthroned, appeared this benign figure clothed in gold with a radiant aura which extended for miles and indeed over the whole earth; because at that time under special direction this aura went forth as a blessing over all humanity. In the glory of that aura could be seen the world teachers of all ages.

Close to the Lord Buddha was the form of the gentle Jesus, who came in deep humility as a carpenter’s son with the object of teaching earthly-minded people how through the true craftsmanship of life he attained the glory of the Christ initiation.

Try to picture the scene - picture angelic beings singing and praising God for the glory of the fuller life, the beauty of the worlds invisible. Maybe in your sleep state, through your aspirations, will you someday be

taken to that Wesak Festival, where you can absorb the rays of the great ones. You would find that this power will work out in your life in various ways so that ultimately you will feel raised in consciousness and blessed by this outpouring.

This is the way, my children. Through stillness and quietude surrender yourselves. Relax in sleep and you, your true self, will go forth free to take your place in a world of light, and there to learn and to reach and to instruct those people on the earth to whom you are attached and who need the help which you can give.”

(from 'The Mystical Marriage and the Wesak Festival', Inner Teaching T210.

See <http://www.whiteagle teachings.org> and search on T210 for the full teaching)

In the days to come, I invite you to join with me in lighting a candle, seeking the quietness of the inner heart and preparing for this beautiful and uplifting blessing of the Father-Mother God, and Christ the son.

Love and blessings

Nicola

Northern Ireland Star Centre