



Dear Friends

May light and love fill your homes this Christmas.

As we approach the shortest day of the year here in Northern Ireland, it seems as though we ourselves are entering the Christmas cave. The morning darkness seems to take longer to disperse and the afternoon dusk creeps in early. It is a time for lighting fires and candles, seeing our homes illumined. We are putting up Christmas trees, our yearly Winter guest, winding (and tangling!) the fairy lights around the tree and decorating our rooms, generating light and cheer.

As the Light of the world was born in a simple dark cave, so the light of Christ is also re-born in our hearts. White Eagle says:

“Perhaps you have not thought of the origin of the little lights on your Christmas tree? It comes from antiquity; and those little lights signify the light of the Sun, of the Christ, in the human heart. What is this light which lights the human heart at Christmas time? It is kindness, love. If you love, your whole being radiates light.

At Christmas you think of the Son of God as a child, as a babe. He is all that – simple and loving, pure and innocent – but think of him also as that little light, the greatest gift of God to humanity, born in the human heart, and part of that great Sun in the heavens which gives light and life to all creatures.

Christmas time is the season for illumination, the season for lighting the little lights in the human heart. Let the light shine! Let the light of the Christ love, the Christ spirit, shine forth from you, and you cannot fail to share in the happiness that you are all wishing each other.”

So let us breathe in the gorgeous light of the bright Christ Star, the Star of Bethlehem filling our hearts, and send out this light to all our friends, our families, and our communities – to all the world! – and look forward to the New Year with fresh hope.

Love and blessings

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